



PLANNING

FOR

**CAREER
COUNSELLING**

SESSION : 2020 - 2021

| FOR CLASS - VIII | GROWTH STAGE | | |
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| MONTH | LEARNING OBJECTIVES | METHODOLOGY | LEARNING OUTCOMES |
| APRIL- MAY | Self – awareness | <ol style="list-style-type: none"> 1. Collecting information about students from the mother-teacher records and verbal interactions with the teachers associated with each child 2. Strength and weakness analysis forms, Situational explorations, Journaling prompts for the students to help them understand their own selves 3. Developing effective counselling relationship 4. Evaluating student’s desires and abilities individually | Building an improved self concept through self evaluation |
| JULY-AUG | Self- expression | <ol style="list-style-type: none"> 1. Conducting psychometric tests on self awareness, personality, Intelligence. 2. Classroom presentations, orientation programmes, video presentations & situational explorations focusing on skills pertaining to future career success like leadership skills, resume writing, analytical skills, quantitative ability, verbal and reasoning skills | Applying accumulated knowledge about the important skills required for creating futuristic goals |
| OCT-NOV | To Build relevance for career planning | <ol style="list-style-type: none"> 1. Power point presentations, discussions to broaden student's horizon about stream selection and career options available under each stream 2. Discussions to help students explore about the numerous career options available | Analysing the world of work & Determining current motivation for career planning |
| DEC- JAN | To Realise a more realistic view of work | <ol style="list-style-type: none"> 1. Interactive sessions on bridging the gap between career aspirations and interests and career recommendations 2. Organizing workshops and seminars focusing upon the skills required for vocational developments and Linking subjects with Careers 3. Organising Short excursion trips for students of junior classes to bring lessons to life 4. Providing a platform to the students and their parents to deal with Diversity issues in career counselling such as gender, age, culture | Evaluating the association between theoretical knowledge with that of practical experience and creating short term and long term goals focussing upon scholastic and co - scholastic skills keeping in mind future career preferences |

FOR IX Stage II – The Exploration stage-I

| MONTH | LEARNING OBJECTIVES | METHODOLOGY | LEARNING OUTCOMES |
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| APRIL- MAY | To make students aware of their self awareness through identifying strengths and weaknesses | <ol style="list-style-type: none"> 1. Collecting information about students from the previous counsellor as well as the record which would be analysed to identify the students awareness of him/herself. 2. Student will identify their own self through some famous personality theories 3. Developing effective counselling relationship 4. Student` will come across through various career options that are linked with personality | To enable the students to be more aware of their own self including identifying their personalities strength and weaknesses |
| JULY-AUG | To make students aware of the various theories that are required for the career development | <ol style="list-style-type: none"> 1. The student will come across various theories that are there for career development. 2. Student will identify various stages that one needs to go before making a career selection | To enable the students to be more aware of various aspects of career selection |
| OCT-NOV | To make students aware of the career development through out the life span | <ol style="list-style-type: none"> 1. Students will learn more about how careers develop throughout the life span. 2. Students will also identify their own values related to the world of work. | To enable students identify and establish their own values of work |
| DEC- JAN | To make students aware of the Interests and Aptitudes | 1. Students will learn more about their aptitudes and interests through a proper means of psychometric testing | To enable the students to identify their aptitudes and interests |

FOR X Stage III – The Transition Stage

| MONTH | LEARNING OBJECTIVES | METHODOLOGY | LEARNING OUTCOMES |
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| <p style="text-align: center;">APRIL- MAY</p> | <p style="text-align: center;">To make student aware about his/her Career Assessment and Profiling the same</p> | <p>1. The student`s assesment done through various tests of intelligence, personality and aptitude will give him/her idea of the possible career options available. 2 Career profiling with children consideration will be done</p> | <p>Enable the student to understand the possible and various career options available.</p> |
| <p style="text-align: center;">JULY-AUG</p> | <p>To make students and parents aware of the career options of their wards</p> | <p>1. The student`s tentative selection of career and career profile hence made will be discussed with the parents. 2 Various seminars shall be conducted for the parents and students so as to manage their expectations</p> | <p>Enable the students and parents about various opportunities avaiable apart from the clichéd career streams</p> |
| <p style="text-align: center;">OCT-NOV</p> | <p>To make students aware and prepare them for the world of work</p> | <p>The student`s shall be made aware of the world of work and shall be made aware of the skills like CV writing and interview skills required for the world of work</p> | <p>Enable the Student to understand the world of work</p> |
| <p style="text-align: center;">DEC- JAN</p> | <p>To help students in selection of stream through career profiling</p> | <p>1.The Students will be helped with Stream Selection. 2.The Students will be given information and prepration tips for various competitive exams including their Board Exams</p> | <p>Enable the student to indeperdently select career options and preparing for various entrance exams.</p> |

| FOR CLASS - XI | MAINTANANCE STAGE | | |
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| MONTH | LEARNING OBJECTIVES | METHODOLOGY | LEARNING OUTCOMES |
| APRIL- MAY | Enhancement of Communication Skills | <ol style="list-style-type: none"> 1. Keeping a track of the student’s plan through personal and group counselling 2. Engaging students in written exercises designed to gain accurate information on careers 3. Conducting special counselling programmes for students with special needs 4, Group sessions with students of class XII to familiarize the students about elements of preparation for boards as well as competitive exams | Understanding SMART goals and implementing acquired knowledge to create a practical plan to accomplish them |
| JULY-AUG | Self-Directed Learning | <ol style="list-style-type: none"> 1. Individualised interpretation and feedback to instil self- appraisal 2. Displaying career guidance charts in school 3. Initiating Computer – assisted career counselling | Awareness of core skills and competencies & Identifying what is working upon the application of knowledge to address future goals |
| OCT-NOV | To tread the success ladder in a very planned and organized manner | <ol style="list-style-type: none"> 1. Career exhibition for the students and their parents by the school counsellors and teacher representatives along with experts in the field of career counselling 2. Providing encouragement to the students to celebrate success and effort through interactive sessions with experts from different fields showcasing their journey to success 3. Building a connection between effort and success by evaluating academic and co scholastic achievements and helping students to create a professional profile | Channelizing the efforts and intentions in the desired manner and building positive attitude towards challenges through Interactive sessions by the eminent persons in respective fields |
| DEC- JAN | Meeting the pre-requisites and criteria for attaining admission into premier college/universities | <ol style="list-style-type: none"> 1. Creating a personalized portal for Alerts and Scholarships where the students will be able to avail the possible resources in the form of books, magazines to cater to their needs 2. showcasing career graphs of ALUMNI 3. Conducting Image building activities 4. Using resources like technology, books to share latest developments in the chosen career paths of the students | Articulating self-analysis, self-development, and career exploration in the right direction & Maximizing university preferences |

| FOR CLASS - XII | INTERVENTION STAGE | | |
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| MONTH | LEARNING OBJECTIVES | METHODOLOGY | LEARNING OUTCOMES |
| APRIL- MAY | 1. Developing alternative plans 2. Profile building 3. preventing students and their parents to take uninformed expensive career choices | parents to not stick onto one single plan and initiating various ideas and alternative options by focussing upon divergent thinking process 2. Group discussions, mock interviews to enhance students confidence level and enabling them to understand job interview scenarios 3. Helping students for profile building | Understanding about the association and combination of Theoretical knowledge and their practical implementation. |
| JULY-AUG | Focussing upon career aspirations, financial and geographical constraints | 1. Workshops and seminars pertaining to the admissions in Premier Institutions by counsellors in association with the teachers of different streams 2. Acquainting the students about the varied overseas options available for study 3. Discussion about the expenditures, geographical aspects pertaining to admissions process | Applying knowledge from various workshops and seminars to meet the global competitive challenges. |
| OCT-NOV | 1. An insight regarding internal working of organisations 2. Providing expert resources | 1. Educational trips to various industries or factories to give the students a platform to identify their prospective area of work like marketing, finance, logistics, etc. 2. Organising expert sessions to help students access to a rich repository of the resources and knowledge | Evaluating the decisions taken for career choice more critically keeping in mind aspirations, family demands and financial requirements & All barriers will be ruled out & getting an exposure of the Work Environment of various professions |

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| <p>DEC- JAN</p> | <p>Knowledge about the information about potential entrance exams as well as reducing career related emotional instabilities faced by students</p> | <ol style="list-style-type: none"> 1. Familiarizing students with the elements of the college application process. 2. Updating the students and their parents with the information of Scholarships, entrance exams and competitions along with their preparation tips 3. Personal counselling sessions to cater to the emotional insecurities focussing upon future anticipations faced by the students 4. Guidance to the students on how the Board and Competitive exams preparation can be synchronized 5. Conducting Mock Tests for higher studies and various competitive exams & Providing study materials to help the aspirants for higher studies. | <p>Managing academic stress & Building a strategic action plan to achieve goals and excel in one's career and bringing stability in thought & Applying in the high in-demand courses to become "Industry ready"</p> |
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